BTEC LEVEL 3 DIPLOMA IN SPORT (DEVELOPMENT, COACHING AND FITNESS)

Westhoughton High School Sixth Form College (2010 - 2012)

COURSE OVERVIEW

The BTEC Level 3 Diploma in Sport (development,coaching & fitness) is a two year course and is equivalent to 2 'A' Level's. It provides you with an excellent opportunity for progression to university. You will have the option to combine this course with other recognised qualifications, which, depending upon your choices at university, will allow you to study for a degree in sports science, sports development, coaching or teaching.

MODULES

You will be required to complete the following EIGHT core units:

1. Principles of Anatomy and Physiology in Sport
2. The Physiology of Fitness
3. Assessing the Risk in Sport
4. Fitness Training and Programming
5. Sports Coaching
6. Sports Development
7. Fitness Testing for Sport and Exercise
8. Practical Team Sports

and FIVE specialist units:

1. Current issues in Sport
2. Leadership in Sport
3. Exercise, Health & Lifestyle
4. Sports Injuries
5. Rules, Regulations and Officiating in Sport

ASSESSMENT

The Level 3 Diploma is a non exam course which enables you to confidently build upon your knowledge and progress through the course. You will be examined through continual evaluated assignments which take the form of reports, presentations, end of unit tests and practical coaching sessions. The sports tutors have a wealth of expertise including national and regional sports coaches, and will guide you all the way.

PROGRESSION

The Level 3 Diploma develops learners' skills and understanding of work within a vocational context. It offers progression to higher level qualifications including Foundation Degree Programmes, University courses in Sports Studies, Teaching, Leisure Management and other related areas. Potential employment in sports coaching, sports retail and fitness training, sports development, teaching and beyond.

Contact Sports Coach Training Global

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The Sports Global qualifications department are dedicated to providing the very best in customer care. If you need guidance on any aspect of our programs, whether at an individual or organisational level, please contact us

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