BTEC LEVEL 3 SUBSIDIARY DIPLOMA IN SPORT (DEVELOPMENT, COACHING & FITNESS)

Westhoughton High School Sixth Form College (2010 - 2011)

COURSE OVERVIEW

The BTEC Level 3 Subsidiary Diploma in Sport is a one year course and is equivalent to 1 A' Level. You will have the option to combine this course with other recognised A' Level subjects, which, depending upon your choices at university, will allow you to study for a degree in sports science, sports development, coaching or teaching.

MODULES

You will be required to complete the following FOUR core units:

1. Principles of Anatomy and Physiology in Sport
2. The Physiology of Fitness
3. Assessing risk in Sport
4. Fitness Testing for Sport and Exercise

and three specialist units:

1. Fitness Training and Programming
2. Current Issues in Sport
3. Exercise, Health and Lifestyle

ASSESSMENT

The Level 3 BTEC Subsidiary Diploma in Sport (development, coaching & fitness) is a non exam course and enables learners to confidently build upon their knowledge and progress through the course. Learners' will be examined through continual evaluated assignments which take the form of reports, presentations, end of unit tests and practical coaching sessions. The sports tutors have a wealth of expertise including national and regional sports coaches, and will guide students all the way.

PROGRESSION

The Level 3 BTEC Subsidiary Diploma in Sport develops learners' skills and understanding of work within a vocational context. The Level 3 Diploma offers progression onto Level 4 & 5 qualifications and University. Learners may choose to study courses in sports studies, teaching, leisure management and other related areas. The course also leads to potential employment in sports coaching, sports retail and fitness training, sports development, and teaching.

Contact Sports Coach Training Global www.sctglobal.com

The Sports Global qualifications department are dedicated to providing the very best in customer care. If you need guidance on any aspect of our programs, whether at an individual or organisational level, please contact us

For further information please contact: Mrs Carol Holmes
Director of Sixth Form
Westhoughton Sixth Form College
Bolton Road Westhoughton Bolton
Tel: 01942 814122

Sports Coach Training Global
Bolton Arena
Horwich
Bolton
BL6 6LB
T 01204 488157
F 01204 488149