BTEC LEVEL 3 DIPLOMA IN SPORT (PERFORMANCE AND EXCELLENCE)

COURSE OVERVIEW

This vocational BTEC course is a two year course and is equivalent to 2 'A' Levels. This course provides you with an excellent opportunity for progression to university. You will have the option to combine this course with other recognised qualifications if required which, depending upon your choices at university, will allow you to study for a degree in sports science, sports development, coaching or teaching.

MODULES

You will be required to complete the following nine core units:

1. Principles of Anatomy and Physiology in Sport
2. The Physiology of Fitness
3. Assessing Risk in Sport
4. Fitness Training and Programming
5. Fitness Testing for Sport and Exercise
6. Sports Nutrition
7. Psychology for Sports Performance
8. Technical and Tactical Skills in Sport
9. The Athlete's Lifestyle

and four specialist units chosen from the following list:

1. Practical Team Sports
2. Sports Injuries
3. Analysis of Sports Performce
4. Rules, Regulations and Officiating in Sport

ASSESSMENT

The BTEC Diploma in Sport (Performance and Excellence) is a non exam course which enables students to confidently build upon their knowledge and progress through the course. Students will be examined through continual evaluated assignments which take the form of reports, presentations, end of unit tests and practical coaching sessions. The sports tutors have a wealth of expertise including national and regional sports coaches, and will guide you through all the way.

PROGRESSION

A BTEC Diploma develops learners' skills and understanding of work within a vocational context. The Diploma offers progression direct on to BTEC Higher qualificiations, BTEC Foundation Degree Programmes and University courses in sports studies, teaching, leisure management and other related areas. Potential employment in sports coaching, sports retail and fitness training, sports development, teaching. BTEC qualificiations are now recognised by higher education institutions and attract UCAS points.

Contact Sports Coach Training Global

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The Sports Global qualifications department are dedicated to providing the very best in customer care. If you need guidance on any aspect of our programs, whether at an individual or organisational level, please contact us

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